



Now you need a ride –
what do you do?



**The San Diego County
Volunteer Driver Coalition can help!**

The coalition is a county-wide network of free and low-cost transportation services available to seniors. Our programs offer safe, reliable transportation provided by trained volunteers who care about seniors. Enrollment is easy. Just find the program that serves your area of residence and contact them for specific details.



FACT (Full Access & Coordinated Transportation)
Free referrals for transportation in San Diego County
(888) 924-3228 • www.stridesd.org

ITN San Diego

Zip Codes: 92105, 92108, 92109, 92110, 92111, 92117, 92121, 92122, 92123, 92126, 92131
(619) 282-0073 • www.itnsandiego.org

On the Go: Transportation Solutions for Older Adults

Jewish Family Service of San Diego
Zip Codes: 91941, 91942, 92037, 92064, 92111, 92115, 92117, 92119, 92120, 92121, 92122, 92124, 92126, 92127, 92128, 92129, 92130, 92131
(619) 220-0268 • www.jfssd.org/onthego

Out & About Peninsula

Peninsula Shepherd Center (PSC)
Zip Codes: 92106, 92107, 92110
(619) 223-1640 • www.sdpsc.org

Rides4Neighbors

City of La Mesa
Zip Codes: 91941, 91942, 91945, 91977, 91978, 92019, 92020, 92021, 92040, 92071
(619) 667-1321 • www.cityoflamesa.com/R4N

Seniors A Go Go

ElderHelp
Zip Codes: 92101, 92102, 92103, 92104, 92105, 92108, 92109, 92111, 92113, 92114, 92115, 92116, 92117, 92118, 92124, 92037, 92040, 91941-91945, 91977
(619) 284-9281 • www.elderhelpofsandiego.org

Solutions for Seniors on the Go

City of Oceanside
Zip Codes: 92054, 92056, 92057, 92058
(760) 435-5250 • www.ci.oceanside.ca.us

Vista Out & About Senior Transportation

City of Vista
Zip Codes: 92081, 92083, 92084
(760) 639-6161 • www.cityofvista.com

Programs supported in part by

