

Activities and Special Events Calendar May 2017

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
**WEEKLY PROGRAMS	8:00	Sunset Strummers JAS	9:30	Positively Fit* AZAL	9:00	Painting Club JAS	8:00	Sunset Strummers JAS	10:00	Popcorn PT
	9:00	Soul Line Dance (no class 5/29) AZAL	10:00	Spanish Club HIBIS	10:00	Knitting Circle ALOB	9:30	Positively Fit AZAL	10:00	Knitting Circle ALOB
		10:00	Tai Chi (no class 5/2) JAS	10:00	Golf for Seniors PARK	10:00	Blackjack PT	10:00	Sewing Class PALM	
		10:30	Positively Fit* AZAL	12:30	Duplicate Bridge AZAL	10:30	Positively Fit AZAL	10:00	Tai Chi JAS	
		11:15	Bingo for Prizes PT	7:00	Ballroom Dance AZAL	12:30	Contract Bridge JAS			
		1:00	Pinochle PT		"The Waltz" (no class 5/31)	1:00	Geri-Fit Class AZAL			
		1:00	Geri-Fit Class* AZAL							
		1:00	Tri City Computer Club* JAS							
		**Schedules may vary.								
		1		2	3	4	Cinco de Mayo		5	
	1:00	Quilt Stash Busters PT	9:00	Out and About Scenic Drive to Del Dios Highway and Elfin Forest PT	9:15	Health Insurance Counseling AZAL	10:00	Hearing Screenings HIBIS	1:00	Scrabble Club PTLOB
			10:30	Big Band You Tube Presentation PT	1:00	Music Appreciation JAS				
			2:30	Windows 10 Class JAS						
		8		9	10	11			12	
			9:00	Out and About Trader Joe's PT	10:00	Parkinsons Group AZAL	10:00	Legal Assistance HIBIS	11:00	Jason Lohrke PT
					1:00	Scrabble Club PTLOB	11:30	Volunteer Opportunities with Cindy Gilcrest of Hospice of the South Coast PT		"Next to Real Neil" PT
					1:00	Sewing Group JAS			12:00	Mother's Day Buffet PT
								SATURDAY		
									13	
								12:00	Fueled for Fitness	
		15		16	National Cherry Cobbler Day		17	18	19	
	11:00	AARP Smart Driver Renewal Course JAS	9:00	Out and About Costco PT	9:15	Health Insurance Counseling HIBIS	9:00	Nutrition/Dietary Planning HIBIS	9:30	UHC Conferences HIBIS
	1:00	Quilt Stash Busters PT	11:00	San Diego Food Bank LOT	1:00	Music Appreciation JAS	10:00	Ask A Nurse and Blood Pressure Checks PT	1:00	Matinee Movie "La La Land" PT
			2:30	Windows 10 Class JAS			11:30	Parkinson's Presentation PT	1:00	Scrabble Club PTLOB
		22		23	24	25			26	
			9:00	Out and About 99 Cents Store PT	10:45	Nutrition Committee Meeting PT	11:00	Toe Tappers Show PT	12:00	Birthdays and Anniversaries Celebration PT
					1:00	Sewing Group PT	12:00	Memorial Day Luncheon PT		
					1:00	Scrabble Club PTLOB				
		29		30	31	LOCATION LEGEND: AZAL Azalea Room HIBIS Hibiscus Room JAS Jasmine Room PALM Palm Game Room LAB Computer Lab ORCH Orchid Room PARK Brengle Terrace Park PTLOB Park Terrace Lobby PT Park Terrace Café ALOB Azalea Lobby LOT Back Parking Lot				
		MEMORIAL DAY CENTER CLOSED			10:00					
					1:00	UCSD Presentation on Healing Foods				